




Aloha
July, August, September, 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Rock Chorus 2pm-4pm</p> <p>Performing group that focuses on rock, pop and contemporary music. Sing or play an instrument and ROCK OUT! No audition required!! <i>Let's make a music video!!</i></p> <p>Instructor: White, O'Connor & Weigelt Cost: \$75/ 12weeks</p>	<p>Looking and Feeling Your Best!! 4-5:30</p> <p>This class is divided into 3 sessions. <i>Weeks 1-4</i> Hygiene and Personal Health Pamper yourself with a mani & pedi! <i>Weeks 5-8</i> Grooming and Dress <i>Weeks 9-12</i> Self-Esteem</p> <p>Instructor: Croy/Velikanov Cost: \$25 per Session</p>	<p>Men Only! 4p-5p</p> <p>This class is for any guy that wants to look and feel his best! Personal health & appearance, dating & relationships. Inst. O'Conner/Hopper Cost: \$60/12 weeks</p> <p>Girl's Night Out! 4p-5p</p> <p>Calling all girls!! IT'S GIRL'S NIGHT!! Talk about fashion, boys, make-up and friends! Inst. Santoro/Hicks Cost: \$72/ 12 weeks</p>	<p>Friendships & Dating 4p-5:30p</p> <p>Role play introducing friends; what makes a friend? Discuss what a date is and practice how to plan a date. Go on a date with a classmate to practice your dating etiquette!</p> <p>Instructor: Croy/Hicks Cost: \$50/12 weeks</p>	<p>Socialization Club 4p-5p</p> <p>This is the club everyone wants to be a part of!! Meet new friends and get together to discuss every day issues and problem solve while socializing with friends and peers!</p> <p>Inst. Miller/Rollins Cost: \$45/12 weeks</p>	<p>Arts, Crafts and Baking</p>  <p>4p-5:30p</p> <p>Make a tie-dyed tee-shirt, kite, jewelry or whip up something good in the kitchen!! Each week will be a new project and there is no end to the possibilities! A great fun class to end your week!</p> <p>Instructor: Cheryl Lopez Cost: \$36/12 weeks</p>	<p>Hiking 12n-2p</p> <p>"Go take a hike!" Learn how to use a compass and a map and find out what you need to be safe while hiking or out on your own. Pack a snack and a drink and head for the trails! 2x p/month</p> <p>Instructor: Velikanov Cost: \$40/ 6 trips</p>
	<p>Walking 4p-6p</p> <p>Wear your walking shoes & sunglasses and enjoy the outdoors! Walk around local parks & trails while learning about community safety!</p> <p>Inst: Frances Santoro Cost: \$40/12 weeks</p>	<p>Jazzercise 5p-6p</p>  <p>Let's Kick It!! Stretch to pop music and learn a few dance moves! This high energy class will be your favorite way to exercise and have fun while you work to get fit!</p> <p>Instructor: Heather Self Cost: \$40/12 weeks</p>	<p>Tennis 4p-5p</p>  <p>Tennis anyone? Come learn the basics or play a game with an expert instructor! Rackets and balls can be supplied or bring your own! (August only)5 classes</p> <p>Inst. Kathy Autry Cost: \$30 per class</p>	<p>Introduction to Socialization 4p-5p</p> <p>*Making friends, public & private, self-esteem and social/sexual skills. Inst. Frances Santoro Cost:</p> <p>*Requires assessment \$141 /one time fee Instructor: Cost:</p>	<p>Movie Night 6:30p-9:30p</p> <p>What's better than getting together with friends on a Friday night to watch a movie and eat popcorn?? Come join us! 2x p/month</p> <p>Inst. Hedlund Cost: \$5 per night</p>	

Classes begin July 18th at the Aloha Building. Weeks 1-4 7/18-8/12
Weeks 5-8 8/15-9/9
Weeks 9-12 9/12-10/7

Tennis classes 8/3, 8/10, 8/17
8/24 & 8/31

Hiking 7/16, 7/30
8/13, 8/27
9/10, 9/24

Call 503-830-0102 or e-mail fsantoro@edwardscenter.org for more information or to register for a class today!! Highlighted classes are part of the Socialization Curriculum. Watch for our complete class catalog which will be sent out electronically soon. PLEASE REGISTER FOR CLASSES NOW TO ASSURE A SPOT. CLASS SIZES ARE LIMITED!